



Invitation to the New Year's Retreat in Yeselling

„Discovery and Awakening of our own Wisdom“

led by Oliver Leick

02nd – 06th Jan 2024

Oliver will explain the five paths of Mahayana, the five wisdoms according to Vajrayana and the three primordial wisdoms according to Anuyoga and Atiyoga.

In the afternoon we will focus on the practice of the 4 Immesurables, the 6 paramitas, Green Tara, the 25 spaces of Samantabhadra and Guruyoga with the white A.

In the evenings there might be an option for Vajradance/Khaita or to watch films (e.g. about Tibet) together.

Participation in the mornings for the explanations is open to all interested people. For the practice sessions in the afternoon transmission by Chögyal Namkhai Norbu or Yeshi Silvano Namkhai is required.

The retreat will be held as “hybrid“-retreat: Participation in Yeselling is very welcome but online participation is also possible; explanations will be provided in English.

Suggested schedule:

Start: Tuesday, 02nd Jan 2024: 5.00 pm

Wed, Thur, Fri, Sat: Explanations from 10.00 am – 12.30 pm

Wed, Thur, Fri: Practice from 3.30 – 6.00 pm

Retreat ends on Saturday, 06th Jan 2024 after joint cleaning of Yeselling around 1.30 pm.

Course fee: Donation to cover the rent and heating costs in Yeselling.

We kindly ask for registration until 20th December 2023.

We look forward to see you soon in Yeselling!

Kind regards,

Your Gakyil

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