



INTERNATIONAL
DZOGCHEN
COMMUNITY
YESELLING / AUSTRIA



Vajra Dance Practice Weekend in Yeselling

led by Elisha Koppensteiner

07th - 09th November 2025

During this Vajra Dance Practice Retreat, we will repeat and deepen the different Vajra Dances, depending on the wishes of the participants, but with a special focus on the *Vajra Dance for the Benefit of all Beings*, *Vajra Dance of the 3 Vajras*, *Vajra Dance of the Space of the 12 A's*. We also dedicate ourselves to the integration of chanting the mantra and movement of the dance.



Mag^a Elisha Koppensteiner has a degree in biology/human ecology, is trained in physical theatre and voice work, and is a holistic voice therapist. Chögyal Namkhai Norbu authorized her as Vajra Dance- and Khaita teacher.

Course starts on Friday, November 07th, 2025 at 6:00 p.m.

Course ends on Sunday, November 09th, 2025 at approx. 1.00 p.m.

The course times will be aligned with the participants on site;

The donation for the course is made according to the principle of generosity (a minimum amount of EUR 100 is recommended).

We ask you to register in advance by **Oct 31st, 2025** under red@yeselling.at or directly informing Karoline Saletu (karoline@saletu.at).

We look forward to seeing you in Yeselling!

Best regards,

your Gakyil

International Dzogchen Community Yeselling

Gersdorfberg 19b

8213 Gersdorf

Austria

Mobile: +43 664 88662660

Mail: yeselling@yeselling.at

Web: www.yeselling.at