



INTERNATIONAL  
DZOGCHEN  
COMMUNITY  
YESSELLING / AUSTRIA



## EXPLANATION AND PRACTICE OF THE TWENTY-FIVE SPACES OF SAMANTABHADRA

Retreat with Oliver Leick in Yeselling

January 1<sup>st</sup> – 6<sup>th</sup>, 2026

This teaching on the Twenty-Five Spaces is a very essential Dzogchen teaching. By applying this practice we increase our clarity, eliminate negativities, and purify our obstacles for getting and remaining in our real state, as Chögyal Namkhai Norbu pointed out during the retreat in Namgyalgar South in 2012:

*The teachings of the Twenty-Five Spaces of Samantabhadra are more developing from the Six Syllables. Very similar to the Song of Vajra we sing these mantras. Even if we don't know anything about them, by chanting them we can purify as they have such power. They are very powerful mantras for purifying.*

The explanations of this retreat are based on the teachings of Chögyal Namkhai Norbu, that he transmitted in nine retreats. To have received the direct transmission of Chögyal Namkhai Norbu or Namkhai Yeshe is mandatory for participating in this retreat.

Oliver Leick, born in Austria in 1955, has worked as a schoolteacher for nearly 40 years. He has continuously followed his teacher Chögyal Namkhai Norbu since 1977 and was authorized by Chögyal Namkhai Norbu to teach Yantra Yoga in 2002 and to teach meditation Santi Maha Sangha Base in 2010. Up to now Oliver has led more than 200 retreats on Yantra Yoga and meditation all over the world.

This retreat will be held as a hybrid-retreat in English. Participation in Yeselling is very welcome but online participation is also possible.

### Planned timetable:

Thursday, January 1<sup>st</sup>: 5.00 pm - 7.00 pm

Friday 2<sup>nd</sup> - Monday 5<sup>th</sup> January: 10.00 am - 12.30 pm and 4.00 pm - 6.00 pm

Tuesday, January 6<sup>th</sup>: 10.00 am - 12.30 pm

### Course fee:

Donation to cover the rent and heating costs in Yeselling, suggested: € 100.-

We kindly ask for registration under [red@yeselling.at](mailto:red@yeselling.at) until  
**December 15<sup>th</sup>, 2025**

We look forward to seeing you soon in Yeselling!

Kind regards,

Your Gakyil

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